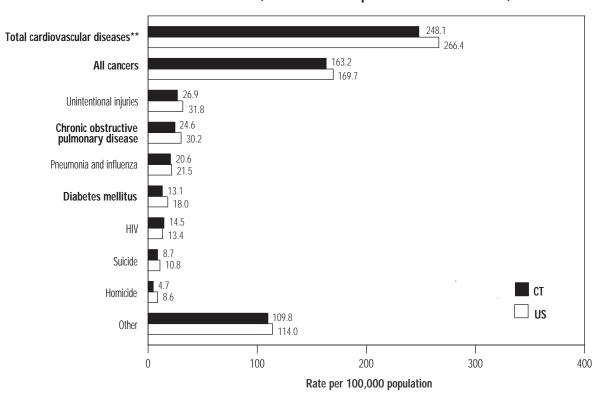
## **Connecticut:** Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Connecticut, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is seventh.
- In 1995, 72% of all deaths in Connecticut were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, chronic obstructive pulmonary disease, and diabetes were lower in Connecticut than in the United States.

## Causes of Death, Connecticut Compared With United States, 1995\*



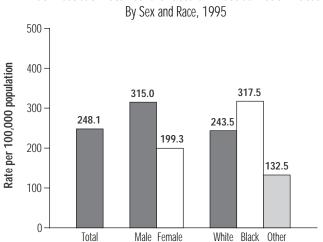
<sup>\*</sup>All data are age adjusted, 1970 total U.S. population.

<sup>\*\*</sup>Total cardiovascular disease death rates include rates of death due to ischemic heart disease (114.8 per 100,000 in Connecticut and 135.2 per 100,000 in the United States) and rates of death due to stroke (36.1 per 100,000 in Connecticut and 42.5 per 100,000 in the United States).

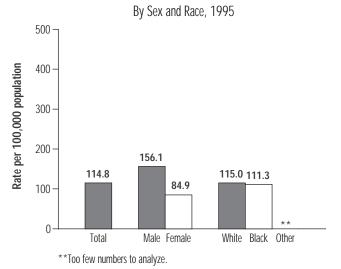
# **Connecticut:** Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Connecticut, accounting for 39% of all deaths.
- Ischemic heart disease accounted for 46% of all cardiovascular disease deaths in Connecticut in 1995; 5,712 people in Connecticut died of ischemic heart disease.
- In 1995, 1,873 people in Connecticut died of stroke.

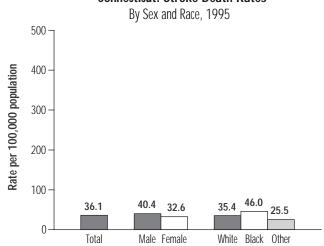
## **Connecticut: Total Cardiovascular Disease Death Rates**



## **Connecticut: Ischemic Heart Disease Death Rates**



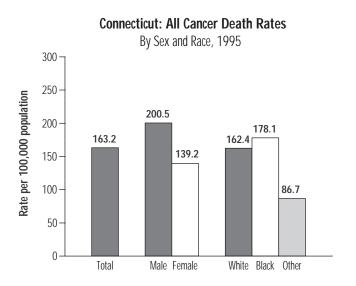
#### **Connecticut: Stroke Death Rates**

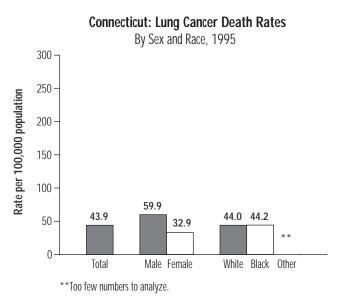


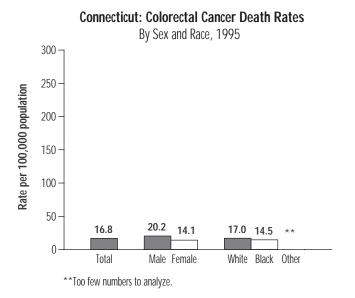
Note: All data are age adjusted, 1970 total U.S. population.

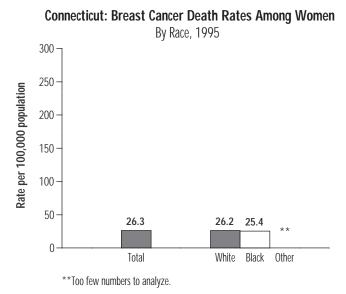
# Connecticut: Cancer

- Cancer accounted for 26% of all deaths in Connecticut in 1995; 7,060 people in Connecticut died of cancer.
- In Connecticut in 1995, 1,836 people died of lung cancer, 751 people died of colorectal cancer, and 623 women died of breast cancer.
- The American Cancer Society estimates that 2,000 new cases of lung cancer, 1,600 new cases of colorectal cancer, and 2,000 new cases of breast cancer will be diagnosed in Connecticut in 1997.







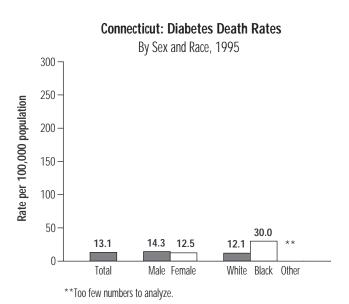


Note: All data are age adjusted, 1970 total U.S. population.

#### Connecticut

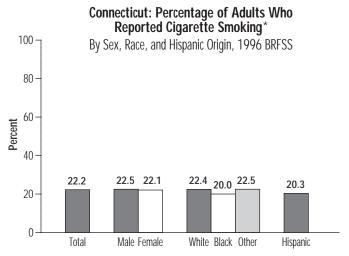
# **Connecticut:** Diabetes

- In 1994, 119,424 adults in Connecticut had diagnosed diabetes.
- Diabetes was the underlying cause of 594 deaths in Connecticut in 1995.
- In 1993, diabetes was the most common contributing cause of 214 new cases of end-stage kidney disease in Connecticut.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.



Note: All data are age adjusted, 1970 total U.S. population.

## **Connecticut:** Risk Factors



\*Ever smoked at least 100 cigarettes and now smoke every day or some days.

# Connecticut: Percentage of High School Students Who Reported Cigarette Smoking By Sex, 1995 YRBSS

YRBSS data not available

# Connecticut: Percentage of Adults Who Reported No Leisure-Time Physical Activity\*

100 By Sex, Race, and Hispanic Origin, 1996 BRFSS 80 60 48.0 36.2 40 28.3 25.4 24.8 23.9 23.2 20 Total Male Female White Black Other

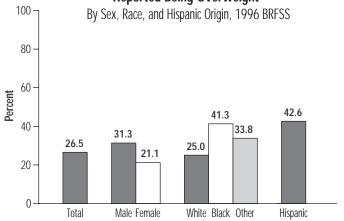
\*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

## Connecticut: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS

YRBSS data not available





\*Body mass index  $\geq$  27.8 kg/m<sup>2</sup> for men and  $\geq$  27.3 kg/m<sup>2</sup> for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

#### Connecticut

## **Connecticut:** Risk Factors

## Connecticut: Percentage of Adults Who Reported **Eating Fewer Than Five Servings of** Fruits and Vegetables per Day By Sex, Race, and Hispanic Origin, 1996 BRFSS 100 83.1 78.8 78.8 80 73.4 73.2 73.2 68.2 Percent 09 40 20

Connecticut: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey By Sex, 1995 YRBSS

YRBSS data not available

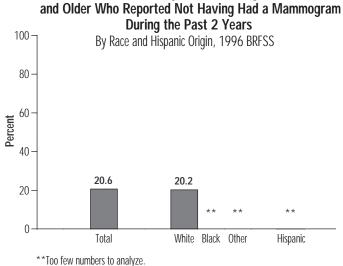
## **Connecticut:** Preventive Services

Connecticut: Percentage of Women Aged 50 Years

White Black Other

Hispanic

Male Female



Who Reported Having No Health Insurance
By Sex, Race, and Hispanic Origin, 1996 BRFSS

80 - 40 - 20 - 11.7 11.5 11.8 10.4 17.6 22.9 19.1

White Black Other

Hispanic

Male Female

Connecticut: Percentage of Adults Aged 18-64 Years

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

0

Total